MEALEY MANUAL HANDLING ASSESSMENT

Manual handling task and loo	Reference number: M2		
Assessor Name: Patrick Mealey	abourers and project staff.		
Load weight: Drum 55.5kg Stand 9.5kg	Carrying distance: Various dependant of accessibility to area, approximately 30 meters	Frequency of: lift: One per month Operation: One per month 	Push/pulling: Distance: 30 meters Weight: 55.5kg
Loading the mixer onto the v	ssessment (Detailed description) ehicle with the use of a ramp, transporting to e wheeled to position before placing onto the		nd using the mixer. The

	Section 1 Lifting and carrying							
		Risk rating						
Ref no	Hazard detail	Green	Amber	Red	Purple	Additional control measures		
1	Lifting loads weight/frequency				X	The high risk reflects the weight as the activity would normally only happen once a month and once in position on site it will not be moved.		
2	Carrying loads weight/frequency				x	As above this relates to the weight and not the frequency.		
3	Hand distance from the lower back	x						
4	Vertical lift region	x						

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5	Torso twisting and sideways bending	X			
6	Asymmetrical torso and load carrying	x			
7	Postural constraints	x			
8	Grip on the load	x			There are handgrips when pushing and a bar at the bottom when placing onto the stand.
9	Floor surface			X	May be muddy and wet on site and all operatives have correct PPE.
10	Other environmental factors			X	As above
11	Carrying distance			X	The distance has been worst case and the mixer is on wheels with no actual carrying.
12	Obstacles en route		X		Could be up or down a slope.
13	Personal protective equipment (PPE)	X			PPE will be required and identified in the RAMS.
14	Training	X			Employees are trained in safe manual handling techniques every two years.
15	Individual capabilities	X			This will be assessed before moving the mixer.
16	Women of child bearing age		•	nce mothers to ca upational health.	arryout this activity without approval from
17	Psychosocial factors	x			
		1	Sec	ction 2 team liftin	g
18	Load weight			X	Two people will raise the mixer onto the stand.

19	Hand distance from lower back		X			
20	Vertical lift region	x				
21	Torso twisting and sideways bending		X			
22	Communication and co- ordination	x				
			Section 3	pushing	g and pulling	
23	Pushing or pulling of a load			lling ass	sessment need	ed (YES)
Task ge	eneral information:	• • • • •				
24	Initial force to get the load moving	x				
25	Force to keep the load in motion	x				
26	Working pattern	Х		х		See above
27	Floor condition			Х		See above
28	Obstacles on route		Х			Wherever possible obsticles will be avoided.
	on wheeled equipment					
	ne colour rating into the	Small	Med	ium	Large	
relevant	t_column.	equipmen	nt equip	ment	equipment	Additional control measures
29	Type of equipment and load weight		x			
30	Posture		х			
31	Hand grip	х				
32	Travel distance		X			Wherever possible restrict distance to 30 meters.
33	Condition of equipment	х				
34	Other factors		x			
Loads	without wheels					
Place th	ne colour rating into the	Rolling	Chur	ning	Dragging,	Additional control measures

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relevan	t column.	ł	nauling or sliding				
35	Activity and load weight						
36	Posture						
37	Hand grip						
38	Travel distance						
39	Other factors						
40	Is a repetitive tasks assessment needed (ART)? (NO) (If yes date completed and reference number:)						

Action	Action plan							
Ref no	Action required	Priority	Date action required by	Who is to take action	Completion date and signature			
	None							

Assessors signature	Review Date	Managers name	Signature	Date
	07/02/2023	Patrick Mealey		07/02/2022